

jackie newgent

PLANT-FORWARD CULINARY NUTRITIONIST



*go for great taste
aim for plant-based
try not to waste*

meet jackie newgent, rdn, cdn

media & brand partner | recipe creator | plant-based expert | writer

Jackie Newgent is a Brooklyn-based classically-trained chef, registered dietitian nutritionist, award-winning cookbook author, professional recipe developer, media personality, and plant-based cooking coach. She's author of five cookbooks, including her most recent, *The Clean & Simple Diabetes Cookbook*. Her next cookbook arrives October 2023. She's currently a 2023 Forbes Health Advisory Board Member, contributing writer for *thehealthy.com*, and spokesperson. Jackie has made guest appearances on dozens of television news shows, including *Good Morning America*. She is a fan of plant-forward, Mediterranean-style food (she calls it "planteranean" cuisine). Jackie geeks out over leftovers. And she advises that eating more plants while creating less waste can have a significant impact on curbing our climate crisis.

stats

social media



10.1K



4.7K



1.4K

personal + pro



5.2K



7K

monthly views



website

active users/month

4.8K

recipe subscribers

<1K

and more

- YouTube: total views = 58.5K
- regularly interviewed in major print & online media

plant-forward partnership opportunities

jackie newgent has a rare talent trifecta as a well-respected registered dietitian nutritionist + classically-trained chef + media personality. she brings authenticity + joy + ingenuity to all of her projects. jackie will help your brand shine.

snapshot of what jackie can provide ...

recipe & content creation

- original recipe developer for national brands & start-ups
- food styling & photography services
- developer of content for webinars, newsletters, blog posts

traditional & social media

- brand spokesperson for major print & online media placements
- branded food, nutrition, or recipe posts, videos, stories, reels
- tv segments, satellite media tours, radio media tours, desksides

specialty projects

- host, speaker, booth rep at expos, festivals, fairs, VIP events
- cooking demo presenter, zoom cook-alongs/webinars, cooking workshop creator, cooking competition judge & more!



highlights

- 🍴 cooking instructor at award-winning culinary school for 20 years + award-winning cookbook author
- 🍴 former national media spokesperson for the academy of nutrition & dietetics
- 🍴 media interviews for national tv programs, including good morning america and dateline
- 🍴 cooking video talent for major outlets including food network kitchens app, verywell & women's health
- 🍴 2023 forbes health advisory board member

cookbooks



as seen in



links for more info

- 🍴 jackie's recipe blog
- 🍴 press: media interviews + bylined articles
- 🍴 spokesperson work
- 🍴 recipe development/food photography
- 🍴 food & nutrition writing/content creation
- 🍴 private cooking coach
- 🍴 other services

affiliates

