

# jackie newgent

PLANT-FORWARD CULINARY NUTRITIONIST



*go for great taste  
aim for plant-based  
try not to waste*

## meet jackie newgent, rdn, cdn

media & brand partner | recipe creator | plant-based expert | writer

Jackie Newgent is a Brooklyn-based classically-trained chef, registered dietitian nutritionist, award-winning cookbook author, professional recipe developer, media personality, and plant-based cooking coach. She's author of five cookbooks, including her most recent, *The Clean & Simple Diabetes Cookbook*. She's currently a 2021 Forbes Health Advisory Board Member and a contributing writer for *thehealthy.com*. Jackie has made guest appearances on dozens of television news shows, including *Good Morning America*. Jackie is a fan of plant-forward, Mediterranean-style food (she calls it "planteranean" cuisine). She geeks out over leftovers (Jackie calls that "vintage" cuisine). And she advises that eating more plants while creating less waste can have a significant impact on curbing our climate crisis.

## stats

### social media



10.1K



4.7K



1.4K

personal + pro



5.2K



20K

monthly views



### website

active users/month

4.8K

recipe subscribers

<1K

## and more

regularly interviewed in major print & online media

## plant-forward partnership opportunities

jackie newgent has a rare talent trifecta as a well-respected registered dietitian nutritionist + classically-trained chef + media personality. she brings authenticity + joy + ingenuity to all of her projects. jackie will help your brand shine.

### snapshot of what jackie can provide ...

recipe & content creation

- original recipe developer for national brands & start-ups
- food styling & photography services
- developer of content for webinars, newsletters, blog posts

traditional & social media

- brand spokesperson for major print & online media placements
- branded food, nutrition, or recipe posts, videos, stories, reels
- tv segments, satellite media tours, radio media tours, desksides

specialty projects

- host, speaker, booth rep at expos, festivals, fairs, VIP events
- cooking demo presenter, zoom cook-alongs, cooking workshop creator, cooking competition judge & more!



## highlights

- 🍴 cooking instructor at award-winning culinary school for 20 years + award-winning cookbook author
- 🍴 former national media spokesperson for the academy of nutrition & dietetics
- 🍴 media interviews for national tv programs, including good morning america, dateline & the dr. oz show
- 🍴 cooking video talent for major outlets including food network kitchens app, verywell & women's health
- 🍴 2021 forbes health advisory board member

## cookbooks



## as seen in



## links for more info

- 🍴 jackie's recipe blog
- 🍴 press: media interviews + bylined articles
- 🍴 spokesperson work
- 🍴 recipe development/food photography
- 🍴 food & nutrition writing/content creation
- 🍴 private cooking coach
- 🍴 other services

## affiliates

