

SHAPE

Meal Ideas

Food Bloggers Reveal: The Weirdest Food I Ever Ate **From alligator to octopus, even bugs and monkfish liver, these foodies tell us about their bizarre eating adventures**

By Ysolt Usigan



Haggis

Describe the food in one word: Offal-y.

How did it taste: It's basically a simmered mushy sausage-like food containing minced sheep organ meat, oats, onion, fat, salt, and spices in casing. First of all, I eat a mainly vegetarian diet. Secondly, there was just a little too much 'mystery' going on with it. Finally, the texture was frankly a little like something that was already chewed. But, I still adore Scotland!

Would you eat it again: I will never try it again!

—Jackie Newgent of JackieNewgent.com

Full article: <http://www.shape.com/healthy-eating/meal-ideas/food-bloggers-reveal-weirdest-food-i-ever-ate>

Article accessed: 12/29/2011